

**From:** [Secor, Kevin](#)  
**To:** [Undisclosed recipients:](#)  
**Subject:** HAVE YOU HEARD?  
**Date:** Friday, February 7, 2014 1:07:31 AM

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**[American Heart Month](#)**. Heart disease is responsible for 1 of every 4 deaths in the United States, making it the leading cause of death in our nation. As we observe American Heart Month, there are some key steps you and your loved ones can take to protect against heart disease.

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This message has been categorized by Secor, Kevin on Friday, February 07, 2014 at 4:06:18 AM in accordance with VA Handbook 6500