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[Men's Health Week](#), which runs until [Father's Day \(June 16\)](#), is a reminder to take control of your health.

Over the past year, men were 24% less likely than women to see a doctor. This reluctance to seek medical care is dangerous. Many of the health risks that men face can be prevented or treated with early diagnosis. See recommendations for regular checkups and screenings:

- [Screenings for men, ages 18-39](#)
- [Screenings for men, ages 40-64](#)
- [Screenings for men, ages 65 and older](#)

Get information about a variety of [men's health topics](#), including the top causes of death in men:

1. heart disease
2. cancer
3. accidents (unintentional injuries)