

From: [Secor, Kevin](#)
To: [Undisclosed recipients:](#)
Subject: HAVE YOU HEARD?
Date: Tuesday, April 09, 2013 11:10:54 PM

In most states, you can be pulled over and ticketed for texting while driving. Some states also ban handheld cell phone use. [Look up the laws in your state and wherever you plan to drive.](#) Any activity that distracts a driver can lead to a serious accident. Other common distractions include eating and drinking, grooming, reading maps/directions, adjusting the radio, and more. These activities may seem harmless, but the fact is that hundreds of thousands of people in the U.S. are killed or injured every year as a result of distracted driving.

What can you do? Concentrate on driving when you're behind the wheel--it's not the time for multi-tasking.