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As hurricane season begins, take a few minutes to review guidelines on what to do [before, during, and after a hurricane](#).

If you live in certain regions of the United States--including Hawaii and coastal areas along the Atlantic Ocean and Gulf of Mexico--preparing for a hurricane may be especially critical. The high winds and heavy rainfall of hurricanes can lead to flying debris, flooding, landslides, and other dangerous situations.

For easy access to hurricane information on your phone, download the free [Hurricane App](#) from the American Red Cross (iPhone and Android). It will help you track storms, prepare your family and home, get help, and more. Find additional [mobile apps](#), including a Tornado App.